

STEFANO DE DOMINICIS

Resume – 2022

Mental Coach, Chartered Psychologist and Psychotherapist Specialist in Cognitive-Behavior Therapy, University Professor, Consultant, Entrepreneur, Author, Speaker.

SUMMARY

Stefano De Dominicis, PhD, 38 years old from Rome, Mental Coach, Professor of sport and health psychology and co-director of the Coaching Psychology Unit at the University of Copenhagen, has been working in performance and talent psychology around the world, developing and merging the most advanced and successful methodologies from Italy, Finland, US, Switzerland, and Denmark. Since 2022 he has been Head of International Affairs at the Cenpis Group - National Academy of Talent and Quality of Life. He has been leading international projects with global corporations, start-ups and SME, as well as with different public institutions. He also worked with international Olympic athletes and professional Sport Teams across the EU. He is also consultant for national and international managers and executives, and renowned performance artists, and author of 50+ international scientific articles and speaker at 30+ international conferences.

PROFESSIONAL EXPERIENCE/PARTNERS

Selected Business Partners

Milestone Systems, Quaglia Distillery, Stile Benaco Restaurant, NOCA, Arcelor Mittal, SONOS, JBS USA, Nykredit Bank, Nestlé Global, Nestlé Nordic, Pleaz, Motivu, Cektos, Psicoterapia Training School, Sogea, Generali Insurance, Fendi, Nestlé Italia, Protezione Civile di Roma.

Selected Sport and Performance Arts Partners

AS Roma, InterNapoli, MICRI Elite Football Academy, VIS Pesaro, UC Sampdoria, Team Danmark, Lyngby FC, Hellerup Sejlklub; several international Olympic athletes, professional footballer, swimmers, tennis players, triathletes, equestrian sports and motor sports athletes; and performance artists from renowned theaters and academies, such as Teatro La Scala di Milano and the Hanover University of Music, Theatre and Media.

Selected Academic Partners

California State University, California Claremont Graduate University, University of Lausanne, University of Helsinki, LUISS Guido Carli University, Sapienza University of Rome, University of Verona.

FELLOWSHIPS AND AWARDS

Award Nomination: Award “Antonio Feltrinelli” 2021 and 2022, Accademia Nazionale dei Lincei, Italy. UCPH Forward Talent Programme 2021. International Research Fellow,

Dr. Stefano De Dominicis, PhD, PsyD, Mental Coach, Chartered Psychologist, Psychotherapist, Professor of Sport and Health Psychology. Italian National Board of Psychologist, Licence n. 19221 (Lazio Region).

Founder and CEO of Raise The Mind, CVR. 39766000, Toftegårdsvej 3, 3500, Værløse, Denmark.

Dr. Stefano De Dominicis agrees to maintain the ethics and standards of behavior established by the Consiglio Nazionale dell’Ordine degli Psicologi “CNOP” (Italian National Board of Psychologists—www.psy.it), which includes, among others, professional secrecy and the handling of personal data according to the EU GDPR rules. It is recommended that the Client/Participant/Patient reviews the CNOP Code of Ethics and the applicable standards of behavior, available at: <http://www.psy.it/codice-deontologico-degli-psicologi-italiani>

Contacts and information: www.stefanodedominicis.com ; info@stefanodedominicis.com

Department of Psychology, California State University San Marcos, CA, USA, 2013.
International Research Fellow, Division of Behavioral and Organizational Sciences, School of Social Science, Policy & Evaluation, Claremont Graduate University, CA, USA, 2011.

EDUCATION

- 2022 Certified Executive Coach: Henley Professional Certificate in Executive coaching, Henley Business School, Denmark.
- 2019 PsyD: Chartered Psychotherapist in Cognitive-Behavior Therapy, PTS–Psychotherapy Training School, Jesi, Italy.
- 2014 PhD: Social Psychology, Dep. of Psychology of Social and Developmental Processes, Sapienza University of Rome, Italy.
- 2012 Chartered Psychologist, specialty area: Organizational, Sport and Performance Psychology.
- 2011 MSc in “Psychology: Training, Communication and Innovation in Organizational and Social contexts—Human Potential, Training and Technological Innovation.” Faculty of Medicine and Psychology, Sapienza University of Rome, Italy.
- 2007 BSc in “Social-Psychological Sciences and Techniques of analysis and intervention in Work, Organizations and Institutions”, Faculty of Medicine and Psychology, Sapienza University of Rome.

WHO IS THE MENTAL COACH

To be officially recognized and therefore authorized to intervene on a person or group, the Mental Coach must be a licenced Psychologist enrolled in an EU-recognized National Register (5-year degree + qualification to practice within National Board of Psychology). However, this qualification alone is not sufficient, since being a specialized professional figure requires a second important title, that of Specialized Psychotherapist registered in the National Board of Psychology (4 years of further specialization after graduation + qualification to practice the chosen psychotherapeutic approach). This specialized professional figure is the only one enabled to intervene on the internal psychological mechanisms of people and groups, and is essentially aiming at treating symptoms (when present) and restructuring delicate mental processes and personality structures. The Mental Coach is the specialized psychologist-psychotherapist professional that has focused his/ her expertise in the branch of talent and performance psychology, and human resource management. This is why, to deal specifically with performance and talent, the Mental Coach must also obtain an official Master's Degree in Human Resources Management (University/Institutional Research Body) lasting at least 1 year and in addition must develop at least 5 years of national/international research on the subject of performance/talent psychology in a recognized Research Body or University. At this point, only one last, but important step will be missing to be able to present yourself as a Mental Coach: having at

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least 5 years of documented specialized experience/practice in the field of human resources management, in the sports/performance arts/work sectors. Ultimately this professional figure is the classic second level professional figure, that is the result of the multiple convergence of degrees, specializations, research and expertise.

CONTACTS

Email: info@stefanodedominicis.com

Website (personal): www.stefanodedominicis.com

Website (Cenpis Group): www.cenpis.it

Website (KU): <https://nexus.ku.dk/english/staff/?pure=en/persons/604936>

LinkedIn: <https://dk.linkedin.com/in/stefanodedominicis>

Twitter: <https://twitter.com/drdedominicis>

Main locations: Copenhagen, Denmark; Rome, Italy.

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